

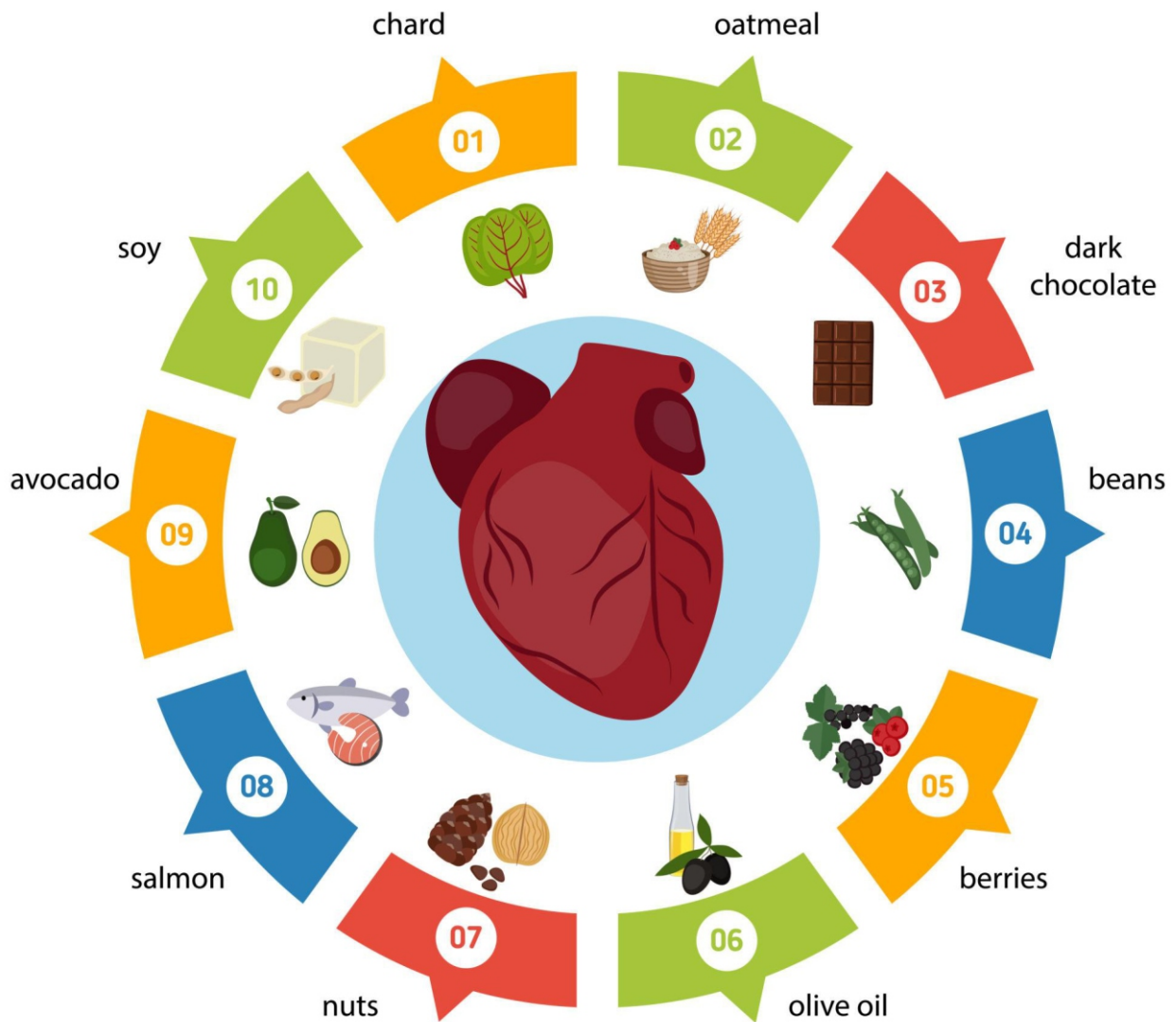
# Heart Healthy Diet

## Low Sodium Foods



# Heart Healthy Diet

## Recommended foods



## Foods for Heart Health

